

**Jill Littrell, MSSW, Ph.D./585 Indian Acres Court Tucker, GA 30084/770-939-7409
GA Psychology License Number=001651/GA LCSW License Number=1738;
Certification in Alcohol, Tobacco and Other Drugs through NASW**

EDUCATION:

- 1977-1981 Arizona State University, Clinical Psychology Ph.D. (August, 1981), MA (December, 1980). Dissertation Chair: Robert Cialdini. Activity for 1980/1981 was concentrated on dissertation as well as extra course work in statistics, psychopharmacology, and social psychology. Supervised experience for 1979/1980 was at Good Samaritan Hospital. Duties included individual therapy, personality assessment, and administration of biofeedback therapy. Supervised experience for 1978-1979 was at Tri-City Mental Health Center. Duties included provision of individual therapy and family therapy, conducting intake interviews, and administering personality tests.
- 1970-1972 University of Wisconsin at Madison, MSSW (January, 1972) financed by stipend from the Lincoln Regional Center. Training emphasized behavior therapy. Field work: Child protective services and work in a family practice clinic associated with Student Health Services.
- 1966-1970 University of Nebraska at Lincoln, BA in Social Welfare (January, 1970).

POST-DOCTORAL EDUCATION:

- 2000-2007 Georgia State University, MA in Biology-Molecular Genetics and Biochemistry (January, 2007)
- 2005 DeKalb Technical College, Phlebotomy Technician Certificate; Training required a five week internship at St. Joseph's Hospital with over 300 venous sticks. American Medical Technology Certification was acquired in January of 2006.
- 1989-1992 Arizona State University, took two semesters of General Chemistry. Audited courses in Organic Chemistry and Biochemistry and Psychoneuroimmunology.

INTERNSHIP:

- 1981- Veterans Administration Hospital, 7th Street and Indian School Road,
1982 Phoenix AZ 85021
Title: Psychology Intern (Program concentrated on Alcohol
Rehabilitation)
Responsibilities: Conducting intake interviews for clients. Preparation of
psychological evaluations. Conducting group and individual therapy.

TEACHING EXPERIENCE:

- 1992- Georgia State University, School of Social Work, Atlanta, GA
Title: Associate Professor
Course Responsibilities: BSW Methods I & II; Practicum; Serving as
Field Work Coordinator; Substance Abuse; Research Methods;
Psychopathology
- 1987- Arizona State University, School of Social Work, Tempe, AZ
1991 Title: Faculty Associate
Course Responsibilities: An undergraduate course in field work
debriefing; Methods I & II undergraduate; Methods I & II graduate;
Integrative Seminar-graduate; Psychopathology-graduate; Drugs &
Alcohol-cross listed; Research Methods-undergraduate; Community
Resources-undergraduate
- 1987 Glendale Community College, 6000 West Olive, Glendale, AZ 85302
Title: Faculty Associate
Responsibilities: Course on Substance Abuse

COMMITTEE MEMBERSHIP AT GSU

- 2011 Member of Masters degree committee for Ryan Born chaired by
George Graham in the Philosophy of Neuroscience Program at Georgia
State University

APPLIED PROFESSIONAL EXPERIENCE:

- 2008- Providing supervision to 5 social workers working toward clinical
licensure
- 2005- Consultant to Prevention Research Institute (PRI) which provides training
for all persons delivering substance abuse awareness education to
recipients of DUIs in the state of Georgia

- 2000 In context of conducting study of homeless men at Cross Roads Community Ministries, if a man was disabled, I provided documentation toward the application for SSI/DSI.
- 1987-
1992 Private Practitioner
Responsibilities: General private practice including psychological assessments for the Social Security Administration and for Advocates for the Disabled, an agency which serves the homeless as well as others who are applying for Social Security Disability. Worked with juvenile court referrals. Worked with employees of the Department of Corrections as an EAP. Training supervisors in the AZ State Department of Corrections in substance abuse identification and intervention. Developed and implemented an original program for AZ State Department of Corrections to prevent substance abuse among the staff. The program was targeted toward the development of healthy attitudes regarding substances, and skill in resisting peer influences.
- 1988 Crosspoint Hospital, at 51 South 48th Street, Mesa, AZ 85206
Title: Clinical Psychologist
Responsibilities: Providing psychological assessments for patients in residential treatment for substance abuse.
- 1982-
1987 CIGNA Health Plan, 755 East McDowell, Phoenix, AZ 85006
Title: Clinical Psychologist in Alcohol and Drug Dependency Department
Responsibilities: Testing. Individual, marital, family, and group therapy with persons who were themselves substance abusers or had been affected by the substance abuse of a significant other. Individual, family, and marital therapy for persons employed by CIGNA who were seeking employee assistance. Presentation of lectures on the medical aspects of alcoholism. Presentation of lectures to the urgent care staff on topical concerns.
- 1982 Arizona Family Learning and Communication Center
Metro Medical Plaza, 3201 West Peoria, Phoenix, AZ 85029
Title: Psychologist
Responsibilities: Providing the Saturday morning therapy component of a substance abuse treatment program.
- 1975-
1977 Department of Economic Security, 3003 West Catalina, Phoenix, AZ
Title: Social Worker
Responsibilities: Investigative work in child abuse. Preparation of court reports. Work with families. Work occurred in both intake and ongoing units.
- 1974- Omaha Home for Girls. 10625 Calhoun Road, Omaha, NB 68112

- 1975 Title: Director of Group Living
Responsibilities: Developing and implementing a structured program for 15 delinquent, adolescent girls in a private residential treatment center. Supervising and hiring a staff of 14 people. Group and individual counseling. Some public relations work.
- 1972-
1974 Lincoln Regional Center, Box 80499, Lincoln, NB 68501
Title: Psychiatric Social Worker in a state hospital
Responsibilities: Work in a 300 bed hospital. Supervising and coordinating 7 social workers. Individual work with adolescent persons, retarded persons, acute and chronic adult persons. Family and group therapy. Consultation with ward personnel on designing ward programs.
- 1967-
1970 Lincoln Regional Center, Box 80499, Lincoln, NB 68501
Title: Ward Aide in a state hospital
Responsibilities: Participated in designing and administering a token economy and individual behavior modification programs. Facilitated ward government meetings. Served male security patients, geriatric patients, adolescent patients, and acute-care adult patients.

PUBLICATIONS-ARTICLES IN REFEREED JOURNALS:

- Littrell, J. (2012). Taking the perspective that a depressive state reflects inflammation: implications for the use of antidepressant medications. *Frontiers in Psychology*, Available on line.
http://www.frontiersin.org/Journal/Abstract.aspx?s=944&name=psychology_for_clinical_settings&ART_Doi=10.3389/fpsyg.2012.00297
- Littrell, J., & Lacasse, J. (2012). The controversy over antidepressant drugs in an era of evidence-based practice. *Social Work in Mental Health*. Available on line.
- Littrell, J., & Lacasse, J. (2012). Controversies in psychiatry and DSM-5: the relevance for social work. *Families in Society*, Available on line.
- Littrell, J. (2012 in press) Can a Diagnosis Be Epidemic, with Therapeutic Efforts the Catastrophe? *Ethical Human Psychology and Psychiatry*, 14 (4)
- Littrell, J. (2012) Is there Evidence for the Bipolar Spectrum and the Safety of Pharmaceutical Interventions? *Social Work in Mental Health*, 10 (3), 169-182.
- Littrell, J. (2011). How addiction happens, how change happens, and what social workers need to know to be effective facilitators of change. *Journal of Evidence Based Social Work Practice*, 8(5), 469-486.

- Littrell J., & Brooks F. II. (2010). In defense of the Community Reinvestment Act. *Journal of Community Practice, 18*, 1-23.
- Littrell, J. (2010). Perspectives emerging from neuroscience on why people become addicted and what to do about it. *Journal of Social Work in the Addictions, 10* (3) 229-256. **Cited by 2**
- Littrell, J., Brooks, F. II, Ivery, J. & Ohmer, M. (2010). Why you should care about the threatened middle class. *Journal of Sociology and Social Welfare, 37* (2), 85-112. **Cited by 1**
- Littrell, J. & Lyons, P. (2010). Pediatric Bipolar Disorder: An Emerging Issue. *Children and Youth Services Review, 32*(7), 945-964. **Cited by 2**
- Littrell, J. & Lyons, P. (2010). Pediatric Bipolar Disorder: An Issue for Child Welfare. *Children and Youth Services Review, 32*(7), 965-973. **Cited by 2**
- Littrell, J., Brooks, F. II, Ivery, J., & Ohmer, M. (2009). Inequality and Its Discontents. *Journal of Community Practice, 17*, 1-20. **Cited by 2.**
- Littrell, J. (2009). Expression of emotion: When it causes trauma and when it helps. *Journal of Evidence Based Social Work Practice. 6* (3), 300-320. **Cited by 2.**
- Littrell, J. (2008). The status of Freud's legacy on emotional processing: Contemporary revisions. *Journal of Human Behavior in the Social Environment, 46*, (2), 477-499.
- Littrell, J. (2008). New developments in understanding cardiovascular disease and the implications for Social Work. *Social Work in Health Care, 46*, 35-49. **Cited by 6**
- Littrell, J. (2008). The mind-body connection: Not just a theory anymore. *Social Work in Health Care, 46*, 17-38. **Cited by 15**
- Littrell, J (2008). Incorporating information about neuroscience and endocrinology regarding sexual orientation into Social Work education. *Journal of Human Behavior in the Social Environment, 18* (2), 101-128. **Cited by 1**
- Littrell, J. (2004). Obtaining informed consent when a profession labels itself as treating mental illness. *Social Work in Mental Health, 1* (4), 107-122. **Cited by 2**
- Littrell, J. (2001). What neurobiology has to say about why people abuse alcohol and other drugs. *Journal of Social Work Practice in the Addictions, 1*, 23-40. **Cited by 3**
- Littrell, J., & Beck, E. (2001). Predictors of depression in a sample of African-American homeless men: Identifying effective coping strategies given varying levels of daily stressors. *Community Mental Health Journal, 37*, 15-29. **Cited by 28**

- Littrell, J., & Beck, E. (2000). Do inner-city, African-American males exhibit “bad attitudes” toward work? *Journal of Sociology and Social Welfare*, XXVII, (2) 3-24 **cited by 2.**
- Littrell, J., & Beck, E. (1999). Perceiving oppression: Relationships with resilience, self-esteem, depressive symptoms, and reliance on God in African-American homeless men. *Journal of Sociology and Social Welfare*, 26, 137-158. **Cited by 11**
- Littrell, J. (1998). Is the reexperience of painful emotion therapeutic? *Clinical Psychology Review*, 18, 71-102. **Cited by 97 per Google Scholar**
- Littrell, J., & Diwan, S. D. (1998). Attitudinal predictors of preferred policy options for addressing the needs of poor children: Contrasting AFDC with work programs. *Journal of Sociology and Social Welfare*, XXV, 69-99. **Cited by 6**
- Littrell, J., & Diwan, S. D. (1998). Social workers’ attitudes towards welfare reform: Comparing AFDC to work programs. *Journal of Applied Social Sciences*, 22, 137-149. **Cited by 5**
- Littrell, J., Diwan, S. D., & Bryant, C. J. (1996). Negotiating Advance Directives for persons with AIDS. *Social Work in Health Care*, 23, 43-65. **Cited by 8**
- Diwan, S. D., & Littrell, J. (1996). The effects of small group dynamics on focus group work: Implications for social work research and practice. *Journal of Applied Social Sciences*, 20, 95-106.
- Littrell, J. (1996). How psychological states impact the immune system: Implications for intervening with persons with HIV. *Health and Social Work*, 21, 287-295. **Cited by 17**
- Littrell, J., & Ashford, J. (1995). Can psychologists legally discuss medications with clients and when do they have a duty to do so? *Professional Psychology: Research and Practice*, 26, 238-244. **Cited by 17**
- Littrell, J. (1995). Clinical practice guidelines for depression in primary care: What social workers need to know. *Research in Social Work Practice*, 5, 131-151. **Cited by 5**
- Littrell, J. & Diwan, S. (1995). The beliefs predicting support for heroin legalization. *Journal of Drug Issues*, 25, 649-668. **Cited by 6**
- Littrell, J. (1994). The relationship between time since antidepressant reuptake-blocker discontinuation and relapse. *Experimental and Clinical Psychopharmacology*, 2, 82-94. **Cited by 5**

Littrell, J., & Ashford, J. (1994). The duty of social workers to refer for medications: A study of field instructors. *Social Work Research & Abstracts*, 18, 123-128. **Cited by 3**

Littrell, J. (1993). The impact of controllability of the consequences on observer evaluation of eager responding and deviant behavior. *Journal of Social Behavior and Personality*, 8, 453-469. **Cited by 2**

Littrell, J. & Magel, D. (1991). The influence of self-concept on change in client behavior. *Research in Social Work Practice*, 1, 46-67. **Cited by 6**

Littrell, J. (1988). The Swedish studies of the adopted children of alcoholics. *Journal of Studies on Alcohol*, 49, 491-499. **Cited by 30**

PUBLICATIONS-BOOK CHAPTERS:

Ashford, J., & Littrell, J. (1994). Psychopathology. In J. Figueira-McDonough, F. E., Netting, & A. M. Nichols-Casebolt, *The Role of Gender in Practice Knowledge: Claiming Half the Human Experience* (pp. 127-168). New York: Garland Press.

Littrell, J. (1994). Is the emphasis on genetics distorting our approaches to mental disorders? Yes. In S. A. Kirk and S. D. Einbinder (Eds.) *Controversial Issues in Mental Health* (pp. 105-111). New York: Allyn and Bacon.

Littrell, J. (1994). The pharmacology of alcohol use. In J. L. Lewis (Ed.) *Addictions: Concepts and Strategies for Treatment* (pp. 163-180). Gaithersburg, MD: Aspen Publishers, Inc. **cited by 9**

Littrell, J. (2002). Reprint of article: What neurobiology has to say about why people abuse alcohol and other drugs. In R. T. Spence, D. M. DiNitto, & S. L. A. Straussner (Eds.) *Neurobiology of Addictions: Implications for Clinical Practice*. New York: Haworth Social Work Practice Press.

PUBLICATIONS-BOOKS:

Littrell, J. (1991). *Understanding and treating alcoholism: An empirically based clinician's handbook for the treatment of alcoholism. Vol. I.* Hillsdale, NJ: Lawrence Erlbaum Associates. **Cited by 16**

Littrell, J. (1991). *Understanding and treating alcoholism: Biological, psychological, and social aspects of alcohol consumption and abuse. Vol. II.* Hillsdale, NJ: Lawrence Erlbaum Associates. **Cited by 28**

BOOK REVIEWS:

Littrell, J. (1999). "Mental illness in the Family: Issues and Trends". *Families in Society*, 80, 100-101.

Littrell, J. (2003). "Multiculturalism and the Therapeutic Process" by Judith Mishne. *Community Mental Health Journal*, 39, 183-184.

INVITED PUBLICATIONS:

Littrell, J. (2012). Chapter on cocaine addiction. For Gannett Education, under the direction of Oren Shtayermman Ph.D., LCSW, New York Insitutte of Technology.

Littrell, J. (2012). Chapter on alcoholism. For Gannett Education, under the direction of Oren Shtayermman Ph.D., LCSW, New York Insitutte of Technology.

Littrell, J. (2012). Chapter on opiates and drug courts. For Gannett Education, under the direction of Oren Shtayermman Ph.D., LCSW, New York Insitutte of Technology.

Littrell, J. (2012). Depression as an inflammatory disease. In H.C. Matto, J. Strolin-Goltzman, & M. S. Ballan (Eds). *Neuroscience for Social Work*. New York: Springer.

Littrell, J. (2012). Child Welfare: A vulnerable population. In A. Powell & J. Gray-Petersen,(Eds.). *Child Welfare: Current Issues, Practices and Challenges*. Hauppauge, NY: Novapublishers.com

Littrell, J. (2003). Obtaining informed consent when a profession labels itself as treating mental illness. Internet conference sponsored by Virginia Commonwealth University School of Social Work. Reprinted as article

Littrell, J. (2001). Training module on legal and ethical issues prepared for NIAAA as part of curriculum on "Social Work Education for the Prevention and Treatment of Alcohol Use Disorders"

Littrell, J. (2000). Should the expression of emotional memories be a goal for therapy. Forum *Harvard Mental Health Letter*, June, p. 8.

Littrell, J. (1994). Health-promoting responses to HIV infection and interventions that support them. *Positive Impact Journal*, 1, 2-5. **Cited by 5**

MANUSCRIPT IN PREPARATION:

Littrell, J. Treatments for depression which work through decreasing inflammation.

Littrell, J. Alternatives to drugs for ameliorating the problems of children in foster care.

Littrell, J., Lewinson, T., & Brooks, F. Making a case for a governmental role in housing financing.

SERVICE TO THE PROFESSION:

- 2012 Reviewer for *Sociological Perspectives*, Journal of the Pacific Sociological Association
- 2012 Reviewer for *Social Work in Health Care*
- 2012 Reviewer *BMC Psychiatry*

- 2012 Blogger on Mad in America website
- 2011 Reviewer for *Social Work in Health Care*
- 2011 Reviewer for *Child and Family Social Work*
- 2009 Reviewer for *Psychology Research and Behavior Management*
- 2009 Reviewer for *Child Development Perspectives*
- 2006 Reviewer for Wiley.
- 2004 Reviewer for *Psychosomatic Medicine*
- 2004 Reviewer for *Scientific Review of Mental Health Practice*
- 2003 Member of the Scientific Advisory Board for the Southwest Interdisciplinary Research Consortium funded by NIH/NIDA to conduct multi-disciplinary, community-based, and culturally-grounded research on drug use prevention.
- 2000 Member of the Council for Scientific Mental Health Practice
- 2000 Member of the Committee to prepare training modules (curriculum) for Social Work Education for the prevention and treatment of alcohol use disorders sponsored by NIAAA

- 1999 Member of the NASW (National Association of Social Workers) task force mandated to establish a certification for ATOD (Alcohol, Tobacco, and Other Drugs)
- 1995- Member of the Advisory Editorial Board of *Journal of Applied Social Sciences*
- 1995 Book reviewer for Brooks/Cole

SPEAKING ENGAGEMENTS AND COMMUNITY SERVICE:

- 2012 Presentation on “Update on Depression as an Inflammatory Disease” at the Annual Conference of the International Society for Ethical Psychology and Psychiatry in Novermeber in Philadelphia, PA on November 2, 2012
- 2012 Invited participant in “Evaluating the use of psychotropic drugs in Georgia’s foster care system” roundtable at Emory Law School on 4/12/12
- 2011 Presentation on “Depression is an Inflammatory Disease” at the Annual Conference of the International Society for Ethical Psychology and Psychiatry in October in Culver City, CA on October 28, 2011
- 2010 Presentation of paper on the Community Reinvestment Act with Fred Brooks at American Sociology Convention in Atlanta, GA in August
- 2010 In-service on Motivational Interviewing for United Way (Atlanta Ga) Outreach Program
- 2010 Presenter in GSU Biology Department on Neuroscience of Addiction
- 2009 Presenter in the GSU Biology Department on stress and cardiovascular disease; Presenter in GSU Biology Department on Neuroscience of Addiction
- 2006 Presenter of ethics module on alcoholism presented at Clark Atlanta commissioned by Center for Addiction and Behavioral Health Research at University of Wisconsin at Milwaukee
- 2006 Provided continuing education staff and groups for clients at Clean Street, program to employ homeless individuals funded through GA Department of Labor

- 2002 In-service on substance abuse for the Resource Opportunity Center, a social service agency serving the homeless
- 2000 Invited speaker at the Summit on Addictions sponsored by the School of Social Work University of Texas at Austin
- 1998 Member of the Board of Directors for Crossroads Community Ministries, which provides social services to the homeless
- 1996 Presentation to Georgia Conference on Social Welfare on attitudes of Georgians toward Work First
- 1995 Presentation to Clinical Psychology students and faculty at Emory University on “Is catharsis therapeutic?”
- 1994 Article published in the Positive Impact Newsletter (a local newsletter) entitled: How psychological states impact the immune system and suggestions for intervening with HIV-seropositive individuals.
- 1994 Member of the Task Force of Fulton County DFCS special project on child abuse
- 1994 Member of the Research Advisory Council for Fulton County Mental Health
- 1993 Mini-course on issues in families of alcoholics presented to the social work staff of Grady Hospital
- 1993 Lecture on reflective listening delivered as part of a training package for volunteers at Planned Parenthood of Atlanta
- 1992 Interviewing for Case managers. Delivered at the request of Atlanta Regional Commission to an audience of case managers

CONTINUING EDUCATION:

- 2009 One day training on Treatment of Child Sexual Abuse with Amy Hoch
- 2009 One day training with Scott Miller sponsored by Ridgeview
- 2009 Two-day workshop with David Burns
- 2007 Conference on Dialectical Behavior Therapy

- 2007 Attendance at 3 day SECAD (Southeastern Conference on Addictive Disease)
- 2007 One day training with Scott Miller sponsored by Ridgeview
- 2007 Three day training in Hierarchical Linear Modeling through Scientific Software International
- 2007 Two day work shop with David Burns
- 2006 American Association for the Treatment of Opioid Dependence National Conference
- 2005 NIDA Conference
- 2004 Four conferences on psychopharmacology
- 2003 Conference on School Psychology and ADHD
- 2003 Conference on Mental Health Law
- 2003 Conference on the Psychology of Forgiveness sponsored by VCU
- 2003 Internet conference through APA on Marital Therapy
- 2003 Seven conferences on use of psychotropic medications sponsored by CMC, Inc. or Duke University
- 2002 Update on pharmacological treatments of anxiety sponsored by Duke University
- 2002 Conference on Aging and Dementias
- 2002` Conference on Advances in Substance Abuse
- 2002 Conference on Ethics sponsored by GSU Counseling Department
- 2001 Conference on commitment and legal issues in GA
- 2001 Conference on Alzheimer's disease and dementia
- 2001 Conference on Stress and fibromyalgia
- 2001 Conference with Donald Meichenbaum on treating difficult clients
- 2000 Two-day workshop on marital therapy through the Gottman Institute

- 2000 Day conference with Scott Miller on Brief Therapy
- 1999 Two-day conference on Drug Courts sponsored by the GA Association of Drug Court Professionals
- 1999 Conference on Solution Focused Therapy with Michael Durrant
- 1999 Conference with Alan Leshner from NIDA “Town Meeting”
- 1999 Four-day training in Motivational Enhancement (an intervention for working with substance abusers) with William Miller sponsored by the University of New Mexico
- 1998 Two-day annual conference of the Atlanta Neuroscience Society Chapter
- 1998 Three CME, INC half-day conferences on psychotropic medications
- 1998 Attended three-day convention sponsored by the APA on prevention in public health
- 1998 Attended conference on Risk Management sponsored by the Georgia Psychological Association
- 1998 Summer 3- day workshop on alcoholism sponsored by GA Department of Human Resources, which presented information on the DUI workshops, conducted in Georgia
- 1998 One-day conference on legal services for the poor sponsored by Legal Aid of Atlanta
- 1998 Conference on ADHD presented by Ross Greene Ph.D.
- 1998 Annual conference of the American Psychosomatic Society
- 1998 Day workshop with David Mee-Lee on ASAM placement criteria for referring substance abusers to treatment
- 1998 Two-day workshop with Edna Foa on treating OCD and PTSD
- 1997 SECAD conference (An international conference for alcohol and drug addiction professionals)
- 1997 Conference with Michael Yapko on treating depression and the management of pain sponsored by Institute for Behavioral Healthcare

- 1997 Updates on psychotropic medications through CME, INC.
- 1996 Conference with Cloe Madones on treating families in which sexual abuse has occurred
- 1996 Attended one-day workshop on grant writing
- 1996 Attended APA three-day conference on the secular rise in IQ scores
- 1996 One-day workshop providing medical care to Hispanics offered through the Applied Anthropology Department at GSU
- 1996 One-day workshop by Jay Haley on Family Therapy
- 1996 One-day workshop on Solution Oriented Brief Therapy offered by Michele Weiner-Davis
- 1996 One-day workshop on treating PTSD offered by David Spiegel M.D.
- 1996 Two-day workshop on treating anger problems with Donald Meichenbaum
- 1995 Attended a day long conference on Computerized Assessment of Cognitive Functioning sponsored by the Georgia Psychological Association
- 1995 Attended conference on treating PTSD with Donald Meichenbaum
- 1995 Audited course on psychoneuroimmunology through the Neuroscience Program at Emory Medical School
- 1994 Attended three-day update on anxiety disorders sponsored by CME, INC
- 1994 Attended workshop on working with individuals with PTSD given by Donald Meichenbaum
- 1994 Attended workshop on Brief Therapy offered by Michael Hoyt
- 1994 Attended Immunology Course at GSU
- 1994 Attended NASW televised conference on HIV
- 1993 Attended half day workshop on schizophrenia at Grady Hospital
- 1993 Attended a two-day seminar on marital counseling with Neil Jacobsen
- 1993 Attended a seminar on cocaine addiction with C. C. Nuckols

- 1993 Attended a week-workshop on family therapy conducted by Jay Haley
- 1991 Attended a workshop on marital therapy with Neil Jacobsen. Attended an update on the etiology and treatment of OCD. Attended a workshop on family therapy sponsored by the Sonora Dessert Hospital of Tucson
- 1990 Attended the annual convention of the American Society of Addiction Medicine. Took course from the Psychology Department at ASU on the physiological basis of behavior
- 1989 Attended workshop on schizophrenia by CME, INC
- 1988 Attended workshop on autism with Eric Courshane
- 1987 Attended workshop on family therapy with Peggy Papp, workshop on family therapy with Jay Haley and Cloe Madones, workshop on Brief Therapy with Richard Fisch, John Weakland, and Steve DeShazer
- 1985 Participated in one-week, residential training at the Western Institute for Group and Family Therapy. The training was conducted by Bob and Mary Goulding
- 1984 Participated in a one-week training course in family therapy conducted by Salvador Minuchin.
- 1984 Attended update on the MMPI with Butcher and Graham
- 1982 Participated in a family therapy training program emphasizing structural family therapy conducted by the staff members of the Philadelphia Child Guidance Clinic.
- 1976 Participated in a monthly bioenergetics therapy training program through the Institute for Bioenergetic Analysis in New York. Have attended workshops with Micky Frank and Edward Mueller
- 1975- Participated in a weekly Gestalt Therapy training program through the
- 1977 Gestalt Growth Center in Phoenix. Have also attended weekend workshops with Alan Darbonne, Bob Martin, Michael Kriegsfeld, Eric Marcus, and an intensive week-long experience with Erving and Miriam Polster
- 1972- Participated in a weekly Transactional Analysis training program with Jack Davey. Also attended TA workshops with Natalie and Morris

Hamowitz, James McKenna, John McNeil, Frank Brown, and the
Gouldings

VOLUNTEER EXPERIENCE:

- 1980 Edited papers presented at the International Congress on Ericksonian Approaches to Hypnosis and Psychotherapy (under the auspices of the Milton H. Erickson Foundation)
- 1976 Volunteered as a counselor at the South Mountain Free Clinic in Phoenix. Provided supervision for two MSW students.
- 1975 Conducted therapy groups for the Seventh Step in the county jail and pre-release program in Omaha, NB
- 1973 Conducted therapy groups for the Alcohol Intake and Referral Center in Lincoln, NB
- 1973 Facilitated “rap” groups in high schools for the Drug Information Center in Madison WI

PROFESSIONAL ORGANIZATIONS:

American Psychological Association

American Psychological Society

National Association of Social Workers

Society for Psychologists in Substance Abuse

American Medical Technologists-Certified Phlebotomist